

# The environment and recycling

How different projects are trying to help save the environment

# The Zero-Waste Lifestyle

## What Is A Zero Waste Store?

Zero waste stores help people to live a more zero-waste lifestyle by abandoning unnecessary packaging. They do this by having products in large containers or jars. You can normally tell if you are in the presence of a zero waste shop if they have a wall dedicated to glass containers, all filled with a mix of dried pastas, grains, beans, and nuts.

<https://www.youtube.com/watch?v=3AAaGqnytt0> upto min 3.13



## How Do Zero Waste Shops Work?

To avoid waste, you bring your own containers, whatever they may be: paper bags, plastic bags, plastic bottles, glass bottles, glass jars, etc.



1. WEIGH



2. FILL



3. WEIGH



4. LABEL



5. PAY

The Hackney based Top Up Truck is an eco-friendly, zero-waste shop on wheels. You can see the electric milk van driving around London Fields supplying grocery items such as: flour, tins, grains and tea; along with household essentials such as laundry liquids and loo roll to East London residents.

The milk van is driven by two local residents, Ella and Martha. The Top Up truck offers a plastic-free answer to essential shopping and avoids the long supermarket walk home.



What do you think about refillable shops?

Have you been to one before?

Are there refillable stores in Seville or your town?



# Zero-waste warriors: meet the people whose household rubbish fits in a jam jar

**Ander Zabala, recycling manager for Hackney council, London**

In 2018, I did the **Zero Waste Week** challenge and then kept going. I set myself a goal for 2019 of not having any waste collected. I made that commitment on social media, so I felt invested. Instead of using a bin, I put my waste in a jar each month so that I could see what I was throwing away. I also reduced the amount I was recycling.

I look at waste from a data perspective. At the end of 2019, I opened **all the jars of non-recyclable waste** I was keeping. They weighed a total of 5.72kg for the year. The average London house produces 10kg of waste a week, compared with my household's weekly average of 0.11kg. So our waste was 99% less than the average.



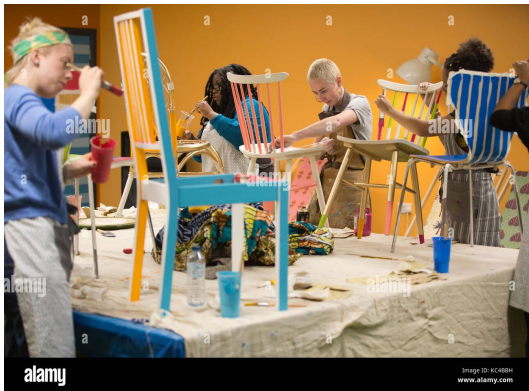


# Recycling and Upcycling

What is the difference?

Upcycling is a form of recycling where instead of turning waste into new materials, you can take a product that you would otherwise throw away and give it a new use in life.

<https://www.youtube.com/watch?v=HtSazczUEOA>



# How London's fashion industry is slowing down

Renting clothes: Selfridges Rental helps you rent your favourite styles from our leading designers and brands at Selfridges. It's all part of our pioneering initiative, Project Earth, which explores new ways to shop and help do our bit for the planet.

**Have you ever rented clothes?**

**Would you like to rent clothes?**





# Swapping clothes



A clothing swap is such a fun event - guests bring their gently worn, unwanted fashion items (it's not really limited to just clothing), and swap with each other. In the end, everyone gets to go home with free, new-to-them pieces. It is an amazing way to save clothes from being thrown away.

**Have you ever been to a clothes swap?**

**Do you like the idea of it?**

# Re\_Considered

A service that allows you to upcycle preloved pieces is Re\_Considered, which was created by founder Tabby Bunyan during the pandemic. It can be an old duvet cover or curtains. They will make it a pair of trousers, or knitwear.

**Do you make your own clothes?**

