



What you might think of as traditional British cuisine...

- Shepherd's pie
- English breakfast
- Sunday roast
- Afternoon tea



In reality British cuisine is much more than this...

The UK's top 20 family meals

1. Roast dinner
2. Fish and chips
3. Pizza
4. Spaghetti Bolognese
5. Steak and chips
6. Lasagne
7. Chicken curry
8. Sausage and mash
9. Shepherd's pie
10. Chili con carne
11. Cottage pie
12. Fajitas
13. Pasta bake
14. Stir fry

<https://www.independent.co.uk/life-style/uk-favourite-family-meals-b1814446.html>



england national dish



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United Kingdom / National dish

Chicken tikka masala



The dish has taken on a large cultural significance in Britain. It is widely considered the country's national dish, and in 2001 British Foreign Secretary Robin Cook gave a speech in which he hailed **chicken tikka masala** as a symbol of modern multicultural Britain.

<https://www.britannica.com> > ... > Food

[chicken tikka masala | Description, Origin, & Ingredients](#)

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Tikka



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Feedback

The most English meal is afternoon tea

- It consists of a selection of small, neat sandwiches, scones with clotted cream and jam and then a selection of cakes
- It is usually served with champagne and tea
- It is eaten between 3 and 5 in the afternoon
- It is by far the most expensive meal of them all to eat in a restaurant
- It was invented by the Duchess of Bedford in 1840 because she would feel hungry between lunch and dinner



Questions...

Dictionary

Search for a word



foodie

/ˈfuːdi/

noun **INFORMAL**

a person with a particular interest in food; a gourmet.
"he is an avid foodie and successful restaurateur"

Similar:

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- Are you a foodie?
- When do you normally eat your meals?
- What do you usually have for dinner?
- What is your favourite breakfast?
- Describe your favourite meal (starter, main and desert)?
- Do you enjoy cooking?

Recommendations if you're a foodie

- Off-menu podcast with Ed Gamble
- Table Manners Podcast with Jessie Ware
- Chef's Table Netflix
<https://www.youtube.com/watch?v=qKqj85oo2wI>
- Salt, Fat, Acid, Heat Netflix
<https://www.youtube.com/watch?v=pTyDyvXEcL8>